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**HOW INTENTIONAL ARE YOU ABOUT LIVING?**



***An unintentional life accepts everything and does nothing. An intentional life embraces only the things that will add to the mission of significance.*** ~[John C Maxwell](http://www.johnmaxwell.com/)

It's Coach Aniekan here from Living an Effective Lifestyle Inc. and in today's post I believe ‘Life is for the intentionally prepared ones’ – you my friend happen to be in that category of the intentionally prepared, if...  
  
It is possible that you’ve not known this fully well up until now, meaning you might have missed some opportunities in the past. While it is possible you never even knew about them until they were gone, or you have not taken advantage of the opportunities that have come your way; but all that can change today with a single decision to live an intentional and effective life going forward.  
   
We know for sure that yesterday is history; as much as you can dwell on it there is nothing you or I could ever do to change it. But this I can guarantee you, that your tomorrow can be totally different from your past.  
   
How, you ask? By you first making a decision to live your life effectively and secondly, taking action or doing things differently in pursuit of your life’s vision. Let today be the beginning of your best days going forward and you will be glad you did.  
   
I had started coaching others on how to show up every day and be ready for any and every opportunity life throws at them.  
   
But the real question is ‘I believe you can make it happen, do you?’ If yes, what will your next action be? What materials will you get to help you maximise the opportunities?

…Let us help you define your goals & dreams, craft a well-aligned plan, recognize what is holding you back, be intentional about your life's vision so you can move forward with great momentum, clarity, and vision.

For our FREE consultation or just to speak to one of our coaches,

Call +1 905 379 2427 *or* email: [info@livinganeffectivelifestyle.com](mailto:info@livinganeffectivelifestyle.com) ... you’ll be glad you did.

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